



Breadfruit Festival  
Takes Root

**National Tropical Botanical Garden, South Shore Visitors Center  
Sunday, September 15, 2013, 9:00 am—3:00 pm**

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**PROGRAM**

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8:30 am - 3:30 pm Free Shuttle Service

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**Off Western Bypass Road - (Ala Kalanikaumaka Rd) near roundabout.  
Across from The Shops at Kukuiula**

9:00 - 9:15 am	Opening Ceremony & Welcome	<b>Visitor Center Meadow</b>
9:15 am - 2:45 pm	Presentations	<b>Visitor Center Lawn</b>
9:30 am - 2:45 pm	Cooking Demonstrations	<b>Visitor Center Meadow</b>
11:00 am - 2:00 pm	Food Service	<b>Visitor Center Meadow</b>

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\* Plate lunch with 'ulu curry, Thai green salad with 'uala and banana 'ulu cake  
from Contemporary Catering Company & poi from Hanalei Poi Company  
\* Taro burgers from Hawaii Taro Company

3:00 pm	Closing Ceremony	<b>Visitor Center Meadow</b>
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<b>Cooking Demonstrations</b>	<b>Main Tent</b>
	<b>Visitor Center Meadow</b>

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9:30 - 10:15 am	Learn how to select and prepare 'ulu fruit with Kupuna Shirley Kauhahao
10:30 am - 12:30 pm	Sam Choy, celebrity chef, restaurateur, and television personality will wow you with his 'ulu dishes
12:30 - 1:15 pm	Learn how to prepare 'ulu poke and turn 'ulu into a dough for tamales, pizza, and more with Mariposa Blanco, Culinary Arts Teacher, Ike 'Āina
1:15 - 2:00 pm	Fae Hirayama, the author of <i>The Breadfruit Cookbook</i> will demonstrate how to use immature 'ulu for <i>appetizers</i>
2:00 - 2:45 pm	John Cadman, founder of Pono Pies, Maui, will show you how to make delicious desserts with 'ulu
2:45 - 3:00 pm	Q&A chefs and presenters

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<b>Presentations</b>	<b>Visitor Center Lawn</b>
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9:15 - 9:45 am	Dr. Kawika Winter, Limahuli Garden - A cultural perspective on kalo diversity
9:45 - 10:30 am	Dr. Diane Ragone, Breadfruit Institute - An overview of breadfruit in the Pacific and beyond
12:15 - 12:30 pm	Josh Schneider, Cultivaris - Taking breadfruit to the world
12:30 - 1:15 pm	Craig Elevitch, Agroforestry Net - Abundant and sustainable agroforestry landscapes
1:15 - 2:00 pm	Ian Cole, Breadfruit Institute - 'Ulu from Root to Fruit: tree planting, care, and maintenance
2:00 - 2:45 pm	Ted Kawahinehelelani Blake, Hui Malama o Kōloa - Kōloa and the unique Kōloa Field System

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<b>Cultural Demonstrations &amp; Storytelling (9:15 am - 2:45 pm)</b>	<b>Visitor Center Meadow</b>
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Watch the masters pound 'ulu poi and make your own with Jerry Konanui, Kawika Winter and others

**Cooking 'uru Tahitian style** with Heifara Aiamu

**Coconut plate weaving** with William and Kuulei Biga

**Kapa making** with 'ulu bark with Wesley Sen and Sabra Kauka

**Storytelling** with Stella Burgess and others

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<b>Breadfruit Flour Demonstration</b>	<b>Visitor Center Meadow</b>
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9:30 - 10:00 am & 12:30 - 2:45 pm	A system using a manual shredder, solar drier, and pedal-powered grinder to process 'ulu into flour will be demonstrated.	Breadfruit Institute staff & volunteers
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<b>Strolling Musicians</b>	<b>Paul Tokioka, Rhoda Libre, Mahea Yamashia</b>
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**Ongoing Activities**

9:00 am - 2:45 pm	Information booth, scrip sales	<b>Visitor Center Lawn</b>
9:00 am - 2:30 pm	* Coffee from Kauai Coffee Co. * Sweet Potato Scones from Kalaheo Café	<b>Visitor Center Lawn</b>
9:15 am - 2:45 pm	Keiki Arts & Crafts	<b>Visitor Center Meadow</b>
9:15 am - 2:45 pm	Breadfruit Tree Sales - Ma'afala, Otea, Puaa, and Piipii varieties available with horticultural expert Heidi Leianuenue Bornhorst offering growing tips.	<b>Visitor Center Lawn</b>
9:15 am - 2:45 pm	Cookbook and T-shirt sales	<b>Visitor Center Lawn</b>

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The festival is made possible through grants from



The event is presented by Ho`oulu ka `Ulu - Revitalizing Breadfruit, a project of the Hawai`i Homegrown Food Network and the Breadfruit Institute of the National Tropical Botanical Garden.

The project's goal is to revitalize `ulu as an attractive, delicious, nutritious, abundant, affordable, and culturally appropriate food that addresses Hawai`i's food security issues.