



Breadfruit Festival
Takes Root

**National Tropical Botanical Garden, South Shore Visitors Center
Sunday, September 15, 2013, 9:00 am—3:00 pm**

PROGRAM

8:30 am - 3:30 pm Free Shuttle Service

**Off Western Bypass Road - (Ala Kalanikaumaka Rd) near roundabout.
Across from The Shops at Kukuiula**

9:00 - 9:15 am	Opening Ceremony & Welcome	Visitor Center Meadow
9:15 am - 2:45 pm	Presentations	Visitor Center Lawn
9:30 am - 2:45 pm	Cooking Demonstrations	Visitor Center Meadow
11:00 am - 2:00 pm	Food Service	Visitor Center Meadow

* Plate lunch with 'ulu curry, Thai green salad with 'uala and banana 'ulu cake
from Contemporary Catering Company & poi from Hanalei Poi Company
* Taro burgers from Hawaii Taro Company

3:00 pm	Closing Ceremony	Visitor Center Meadow
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Cooking Demonstrations		Main Tent
		Visitor Center Meadow

9:30 - 10:15 am	Learn how to select and prepare 'ulu fruit with Kupuna Shirley Kauhahao
10:30 am - 12:30 pm	Sam Choy, celebrity chef, restaurateur, and television personality will wow you with his 'ulu dishes
12:30 - 1:15 pm	Learn how to prepare 'ulu poke and turn 'ulu into a dough for tamales, pizza, and more with Mariposa Blanco, Culinary Arts Teacher, Ike 'Āina
1:15 - 2:00 pm	Fae Hirayama, the author of <i>The Breadfruit Cookbook</i> will demonstrate how to use immature 'ulu for <i>appetizers</i>
2:00 - 2:45 pm	John Cadman, founder of Pono Pies, Maui, will show you how to make delicious desserts with 'ulu
2:45 - 3:00 pm	Q&A chefs and presenters

Presentations		Visitor Center Lawn
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9:15 - 9:45 am	Dr. Kawika Winter, Limahuli Garden - A cultural perspective on kalo diversity
9:45 - 10:30 am	Dr. Diane Ragone, Breadfruit Institute - An overview of breadfruit in the Pacific and beyond
12:15 - 12:30 pm	Josh Schneider, Cultivaris - Taking breadfruit to the world
12:30 - 1:15 pm	Craig Elevitch, Agroforestry Net - Abundant and sustainable agroforestry landscapes
1:15 - 2:00 pm	Ian Cole, Breadfruit Institute - 'Ulu from Root to Fruit: tree planting, care, and maintenance
2:00 - 2:45 pm	Ted Kawahinehelelani Blake, Hui Malama o Kōloa - Kōloa and the unique Kōloa Field System

Cultural Demonstrations & Storytelling (9:15 am - 2:45 pm)	Visitor Center Meadow
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Watch the masters pound 'ulu poi and make your own with Jerry Konanui, Kawika Winter and others

Cooking 'uru Tahitian style with Heifara Aiamu

Coconut plate weaving with William and Kuulei Biga

Kapa making with 'ulu bark with Wesley Sen and Sabra Kauka

Storytelling with Stella Burgess and others

Breadfruit Flour Demonstration	Visitor Center Meadow
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9:30 - 10:00 am & 12:30 - 2:45 pm	A system using a manual shredder, solar drier, and pedal-powered grinder to process 'ulu into flour will be demonstrated.	Breadfruit Institute staff & volunteers
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Strolling Musicians	Paul Tokioka, Rhoda Libre, Mahea Yamashia	
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Ongoing Activities		
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9:00 am - 2:45 pm	Information booth, scrip sales	Visitor Center Lawn
9:00 am - 2:30 pm	* Coffee from Kauai Coffee Co. * Sweet Potato Scones from Kalaheo Café	Visitor Center Lawn
9:15 am - 2:45 pm	Keiki Arts & Crafts	Visitor Center Meadow
9:15 am - 2:45 pm	Breadfruit Tree Sales - Ma'afala, Otea, Puaa, and Piipiiia varieties available with horticultural expert Heidi Leianuenue Bornhorst offering growing tips.	Visitor Center Lawn
9:15 am - 2:45 pm	Cookbook and T-shirt sales	Visitor Center Lawn

The festival is made possible through grants from



The event is presented by Ho`oulu ka `Ulu - Revitalizing Breadfruit, a project of the Hawai`i Homegrown Food Network and the Breadfruit Institute of the National Tropical Botanical Garden.

The project's goal is to revitalize `ulu as an attractive, delicious, nutritious, abundant, affordable, and culturally appropriate food that addresses Hawai`i's food security issues.